

# My Waylivra Injection Guide



For more information, please refer to the Patient Information Leaflet.



## Introducing Waylivra

Waylivra is a single-use, disposable injection. The syringe is already filled, so all you (or your carer) have to do is inject it.

Your doctor will tell you how often to take your medicine. Use your treatment tracker to note down the time, date and site of your next injection.

Always use this medicine exactly as your healthcare professional has told you.

Check with your specialist doctor if you are not sure.



## Before you start

- Take your prefilled syringe out of the fridge at least 30 minutes before your injection, to naturally allow it to come to room temperature.
- Make sure you check the expiry date on the packaging and the appearance of the medicine before injecting. It should be clear and colourless or pale yellow.
- While you wait, find somewhere comfortable you can relax before your injection.
- Waylivra can be kept at room temperature (up to 30 degrees Celsius) in the original carton for up to 6 weeks after removing from the refrigerator. Do NOT use if it was stored for longer than 6 weeks at room temperature.



## Good injection technique

- Sites for injection include the stomach, upper thigh region, or outer area of the upper arm. Injection into the upper arm should only be performed by another person, such as a caregiver.
- Do not inject Waylivra into areas such as the waist, where clothing may rub or irritate the injection site, and avoid the 2 inches around the belly button. You should also avoid tattoos, moles, scars, birthmarks, bruises, rashes, or areas where the skin is tender, red, hard, damaged, burned, or inflamed.
- Change the place on your body where you inject Waylivra with each dose.
- Pinch your skin and hold it firmly before inserting the needle.
- Insert the needle into the injection site with a quick, firm motion without touching the plunger head, but inject the liquid very slowly, applying steady pressure on the plunger of the syringe.
- Do not rub the injection site.
- If you have any concerns about injection-related side effects, speak to your specialist doctor.
- See overleaf for the full My Waylivra Injection Guide.

▼ This medicinal product is subject to additional monitoring. This will allow quick identification of new safety information. Talk to your doctor, pharmacist or nurse about any side effects you may get. This includes any possible side effects not listed in the package leaflet. You can also report side effects directly via the Yellow Card Scheme at [www.mhra.gov.uk/yellowcard](http://www.mhra.gov.uk/yellowcard). Reporting forms and information can be found at [www.mhra.gov.uk/yellowcard](http://www.mhra.gov.uk/yellowcard). Alternatively, search for MHRA Yellow Card in the Google Play or Apple App Store, or contact the MHRA at [yellowcard@mhra.gov.uk](mailto:yellowcard@mhra.gov.uk) or +44 (0)800 731 6789. By reporting side effects you can help provide more information on the safety of this medicine.

This material was developed by Swedish Orphan Biovitrum Ltd. for patients who have been prescribed Waylivra.



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You should remove Waylivra from the fridge at least 30 minutes before use and allow the prefilled syringe to reach room temperature.

For more information, please refer to the Patient Information Leaflet



## PREPARE

### 1 Gather supplies on a clean surface

- Alcohol pad
- Waylivra prefilled syringe
- Sharps container
- Optional
- Cotton ball/gauze pad
- Bandage
- Ice or ice pack



### 2 Wash your hands for 3 minutes with soap and dry them

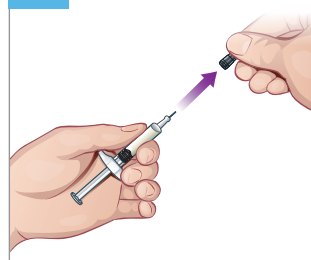


## INJECT

### 1 Clean the injection site with an alcohol



### 2 Remove needle cap



## FINISH

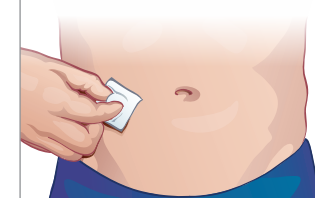
### 1 Dispose of used syringe

Use an approved sharps disposal container.

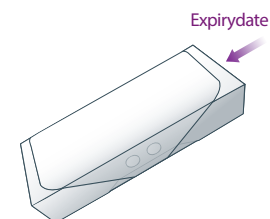


### 2 Treat the injection site if needed

Press lightly with a sterile cotton ball or gauze if there are drops of blood.



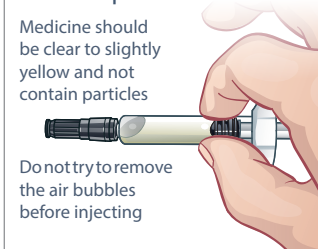
### 3 Check expiry date



### 4 Remove syringe and inspect medicine

Medicine should be clear to slightly yellow and not contain particles

Do not try to remove the air bubbles before injecting

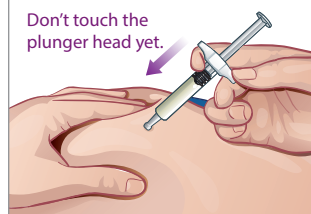


### 3 Pinch the skin around the injection site



### 4 Insert the needle at 45 degrees with a quick, firm motion

Don't touch the plunger head yet.



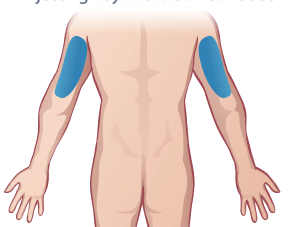
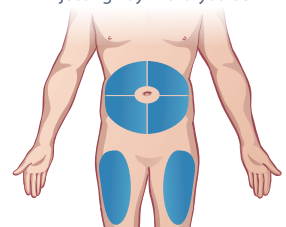
### 3 You may also apply ice to the injection site to reduce pain, redness, or



### 5 Choose injection site

If injecting Waylivra for yourself

If injecting Waylivra for someone else



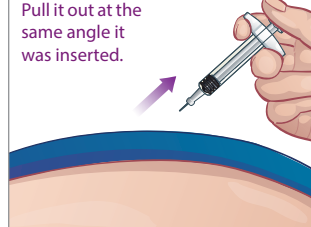
### 5 Inject slowly

Push the plunger down slowly as far as it will go.



### 6 Remove needle

Pull it out at the same angle it was inserted.



## WARNINGS

- Do not remove the needle cap until you have reached Step 2 of these instructions and are ready to inject Waylivra
- Do not share your syringe with another person or re-use your syringe
- Do not use if the syringe is dropped onto a hard surface or damaged
- Do not freeze the prefilled syringe
- If any of the above happens, throw away the syringe in a puncture-resistant (sharps) container and use a new syringe
- Do not recap the syringe

